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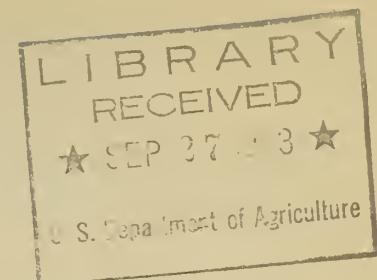
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MOBILIZATION GUIDE

HOW TO MOBILIZE  
YOUR COMMUNITY  
TO MAKE  
FOOD FIGHT FOR FREEDOM



U.S.  
Prepared by the War Food Administration and the Office of Price Administration  
in cooperation with the Office of War Information and the Office of Civilian  
Defense.

This Mobilization Guide tells how every citizen can make food fight for freedom --- how every community can be organized through citizens' Food Information Committees --- what every community can do in November, Food Fights For Freedom Month --- and what "tools" are available to help dramatize the story of food to inspire all America to PRODUCE AND CONSERVE, SHARE AND PLAY SQUARE.

This Guide is addressed mainly to:

1. Chairmen of Nutrition Committees and Consumer Committees organized under local Defense Councils and Community Service members of local War Price and Rationing Boards -- who are jointly asked to see that citizens' Food Information Committees are functioning in every community;
2. Citizens' Food Information Committees -- who will carry out this educational program in their communities.

This Guide is also of interest to leaders of groups and organizations -- who will cooperate with the citizens' Food Information Committees in carrying out various activities in connection with the food education program.

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What The Job Is

The American people are being asked to take various actions on food — for example, to grow and preserve it, to prevent waste, to eat the right things, to give the right number of stamps and never pay above ceiling prices.

But the whole food story has never before been told in a single pattern. The various action appeals have been made separately and piecemeal — without showing the reasons why all such actions are necessary to make food fight for a shorter war and a lasting peace.

The purpose of the Food Fights for Freedom program is to present the essential facts about food so effectively that citizens will be inspired to take the necessary voluntary actions.

This job involves coordinating the various community food programs and strengthening them by a consolidated drive to tell the whole food story all at once.

The immediate objective is to see that every community is mobilized for the special observance of Food Fights for Freedom Month in November.

Goal No. 1 — Every citizen to understand the basic facts about food —

1. Its production.
2. How it fights with our armed men, our allies, liberated peoples, and on the home front.
3. How it is allocated among these claimants, and why.
4. How our supply is affected by increased purchasing power.
5. Why rationing and price control are essential.
6. How much we waste, where, and why we must conserve.
7. Why adjustments in our habits and in our thinking have become a wartime necessity.

Goal No. 2 — Every citizen to do all in his power to carry out the appeal for action: PRODUCE AND CONSERVE, SHARE AND PLAY SQUARE —

1. Produce more food of the right kinds, on farms and in Victory Gardens.
2. Conserve food, stop waste.
3. Preserve fresh and perishable foods.
4. Eat the right foods every day for health and strength.
5. Substitute plentiful for scarce foods in your diet.
6. Share through rationing — by refusing to buy or sell rationed foods without stamps for every point.
7. Help keep food costs down — by paying or charging no more than legal prices.
8. Take active part in community food projects, and inspire your friends and neighbors to do the same.
9. Put the war's food demands first, and adjust your thinking and habits to wartime conditions.

The basic food facts and the actions that need to be taken are spelled out in the 43-page Information Program booklet, "Food Fights for Freedom."

Who Does What Now

The first step is a meeting of the following three people in your community: (1) the Community Service member, (2) the chairman of the County or City Nutrition Committee, (3) the chairman of the Consumer Committee. Each of these three has a copy of this Guide.

Every community will not have all three of these people, and in that case the other one or two should go right ahead anyway. Don't wait for someone else to take the initiative.

The purpose of this meeting is to consider the possible composition of a citizens' Food Information Committee (hereafter simply called the "Food Committee") and to make recommendations to the War Services Board of the Defense Council concerning necessary organization to carry out Defense Council activities in the food program.

If your community already has a committee of citizens who can and will do the food mobilization job, designate this group as your Food Committee.

Or perhaps your community has a group that needs only some enlargement and revision to constitute a Food Committee with adequate representation. If so, make the proper changes and invite the new people at once. And then designate this group the citizens' Food Committee.

If your community has no suitable group to start with, you should immediately set up a citizens' Food Committee.

The Food Committee should be a single, solid group working as one unit --- not merely a loose alliance of different groups.

Here are the kinds of groups that might be represented on such a committee: press, radio, movie, civic, service and welfare, religious, educational, professional, business (including retailers), labor, farm, women, youth, racial, fraternal, veterans, consumer, government (including the local government).

After the membership of the Food Committee is agreed upon, see that the Committee holds a meeting and elects a chairman. From this point on the elected chairman takes over as the recognized leader of the citizens' food information program in the community.

See that the chairman gets at least one copy of this Guide and the Information Program booklet.

It is suggested that the Food Committee have a definite place for headquarters, where someone is present at all times during office hours to take telephone calls, answer the mail, receive callers, handle and distribute materials.

If the Food Committee is unable to provide necessary office space, equipment and clerical personnel on a volunteer basis, a request for assistance might be made of the local government, the Defense Council, or the public school.

In rural areas the Food Committee can be aided especially by the three members of the County War Board who have copies of the Information Program booklet, "Food Fights for Freedom": The War Board Chairman (who is also chairman of the County AAA Committee), the FSA County Supervisor, and the County Agent. Through these three people assistance can be provided in rural areas by AAA farmer committeemen, FSA farmer committeemen, and the neighborhood leaders working with the Extension Service.

What to Plan for November

Community action is the heart and soul of the entire food education program.

The more the Food Committee relies on its own ideas, imagination and initiative, the better.

Here are some suggestions that will help you start making your preparations now...

Home Visits

A personal visit is by far the best way to carry a message to the individual citizen. This is especially true of the food story, which is a many-sided subject on which the average person is sure to have questions.

Because of the nature of the subject matter, the food canvass should be conducted by competent people who can explain the food situation after a period of intensive training — such as block and neighborhood leaders. If adults are not available, youth groups might be trained and used — provided they are at least of high school age.

If block leaders are to be used, application for their services should be made to the local War Services Board, which gives approval to the campaign and empowers the chief of the block leaders to prepare the block leaders for their part in the campaign. The chief of block leaders determines questions of time and method to be used in carrying the campaign into every home. Members of the Food Committee may be used as instructors in this training process. A training guide will be provided to the Food Committee.

Interviewers will have an illustrated folder, "You Can Shorten the War with Food," to discuss with the members of the family who are at home, and also a "Food Quiz" which may be left in the household.

Limited numbers of certain food publications will also be available so that the interviewer may offer to leave one or more with the household if interest is expressed in the subject.

It is also recommended that the Food Committee work out a guide to specific food projects operating in the community, so that the interviewer can tell people exactly when and where to go to participate. It is suggested that enough copies be prepared locally so that one can be left at every household visited. A pattern to help prepare and use a food project guide will be included with the materials available to the Food Committee.

For materials prepared to aid in home visits, see pages 7-8 of this Guide.

Meetings

Mass meetings arranged by the Food Committee, or smaller meetings called by groups and organizations for their own members, provide another opportunity for face-to-face presentation of Food Fights for Freedom. Such meetings may be held in addition to a home canvass. If a canvass is not feasible, plans

should be made to reach every citizen through mass or group meetings.

Cooperation of the Victory Speakers of local Defense Councils or of speakers' bureaus of various organizations may be obtained.

Speakers should be trained just as thoroughly as canvassers, for they must be ready to answer questions from the floor.

Materials for use in meetings will be available. (See page 8 of this Guide.)

#### Press and Radio

Local newspapers and radio stations can do many vital things to promote Food Fights for Freedom in cooperation with the Food Committee. (For suggestions and aids see page 8 of this Guide.)

#### Theatre

One project that has proved successful in many communities is the play "It's Up To You," dealing with the wartime food situation and how it affects every individual. (For description and how to order, see page 9 of this Guide.)

#### Schools

Schools can render valuable service to the Food Fights for Freedom program through activities like the following:

(1) Organizing special activities such as Victory Gardens, food posters, skits, displays, exhibits, and demonstrations.

(2) Incorporating food information in courses such as home economics and social studies, and in assemblies, forums and parent-teacher meetings.

(3) Including food subjects in the programs of student organizations--High School Victory Corps, Future Farmers of America, home economics clubs, etc.

#### Awards

By way of recognition to people in the community who have done an outstanding job on some phase of food production or use, local awards might be made to individuals or groups of farmers, town or city volunteers who worked on a farm, farm workers deferred as essential, victory gardeners, home canners, etc. Appropriate community observances should accompany such awards, dramatizing the fact that food is a war weapon and those who produce it and make it fight are doing vital war work.

#### Proclamations

The Food Committee might ask the mayor of each town or city to proclaim November Food Fights for Freedom Month.

#### Emblem

The Food Fights for Freedom emblem is a unifying symbol of the food educational program, a constant reminder of each citizen's responsibility. Its wide use in your community is recommended. Mats of the emblem in three sizes will be included in the materials available to the Committee.

#### Parades

Locally arranged parades are a vivid demonstration of community activity. They can be built around mass meetings, award ceremonies, observances of going

"over the top" in the home canvass, or other community programs. Streamers, street banners, etc. might be designed and made locally for use in connection with parades.

#### Information Booths

A convenient public place, such as an Information Center, is useful for disseminating food information. Leaflets, etc. may be displayed and distributed at booths, where questions may be answered or referred to the proper authorities. Suggested places for information booths are public squares or parks, public buildings, stores, movie houses, banks, libraries, schools -- in short, places normally frequented by many people.

#### Exhibits

Local ingenuity can go a long way toward visualizing food subjects by various forms of exhibits - to be displayed in information booths or other public places. Local merchants, in particular, can do a lot with food displays. Suggestions will be included in materials available to the Food Committee.

#### Libraries

In public or school libraries, food information can be featured on bulletin boards and by special shelves where books, leaflets, etc. on food are displayed.

#### Poster Contests

Local talent can be encouraged as well as put to work constructively through poster contests, with the best posters displayed at meetings, information booths, exhibits, etc. or at other public places. Such contests might be sponsored by local art associations, newspapers, local merchants, schools, organizations, etc. Suggestions will be supplied with the materials available to the Food Committees.

#### Community Food Projects

Many communities have under way various food projects that provide specific, practical actions which citizens can take to help make "Food Fight for Freedom." Food Committees should make special efforts to strengthen and expand them, or to get them started if they are not functioning already. The guide to local food projects previously suggested for use in the home canvass might also be used in meetings, newspapers, radio messages, schools, information booths, etc. Here are some of the types of community food projects that involve citizen action:

- Food demonstrations - cooking schools, etc.
- School lunch programs
- Factory feeding programs
- Food conservation projects - clean-plate clubs, etc.
- Victory Garden programs
- Farm labor recruitment
- Market information - on locally abundant foods and alternatives for scarce foods
- Rationing and price control - helping understanding and observance

What's Going on Elsewhere

In support of what will take place in your community, here are some additional ways the Food Fights for Freedom message will be carried to the public in November...on a national basis:

Network radio programs and one-minute station announcements, on arrangement with the Office of War Information, will tell the food story throughout the month of November. Special Thanksgiving shows are planned.

National organizations will suggest activities to the members of their locals which will tie in with community mobilization.

The publications of these organizations will have special articles on Food Fights for Freedom.

"Kitchen pin-up" charts, containing a reminder list of how you can make food fight, will be available in retail food stores.

Outdoor billboards will proclaim the theme "To Speed Our Boys Home."

Car cards with the same theme will appear in buses, street cars, etc., in many communities.

Posters with this theme will be displayed in retail stores.

The "Food Fights for Freedom" emblem will be reproduced in newspapers, magazines, food trade journals, etc.—along with special articles.

In many communities newspapers will carry large and small space ads supplied nationally.

Food and other industries will run special ads urging women to get the "kitchen pin-up" in their retail stores.

A short movie on food is planned for theatrical distribution.

Movie trailers for local sponsorship are also planned.

Tools You Can Get

NOTE:

Chairmen of Food Committees may obtain copies of the materials described below by filling out the order blank on the back cover of this Guide and sending it to the Regional Office of the Food Distribution Administration, as indicated on page 10 of this Guide.

Place orders promptly. In wartime bulk shipments may encounter delays.

Each order must be signed by the Chairman of the Food Committee. This is essential to avoid duplication and confusion.

1. Information Program booklet, "Food Fights for Freedom." 43 pages. Presents basic facts about food, calls for certain actions by citizens, outlines information program in broad terms. Community Service Representatives, Nutrition and Consumer Committee Chairmen, and three members of County War Boards (AAA Chairman, County Agent and FSA County Supervisor) already have copies. The Chairman of the Food Committee may obtain a copy from one of these people. A copy will also be included in the "Tool Kit" which the Food Committee Chairman will receive when he places his order.

2. Illustrated folder, "You Can Shorten the War with Food." 8 pages, 10-1/4 by 7-1/4, album style. Tells how food can shorten the war and what the average citizen can do about it; contains basic food facts. Designed for the use of the interviewer in explaining the food message in home visits. Do not order for home visits until you are certain they will be made, but order soon enough to allow 2 or 3 weeks for delivery. County agents will order copies for neighborhood leaders to be used in the rural home visits through the Chairman of the Food Committee in the county seat. A description or replica of this folder will be included in the "Tool Kit" which will be available to the Chairman of the Food Committee on order.

3. "Food Quiz." Single sheet 3 by 5 inches. Intended to be left in the household at end of the interviewer's visit. Can also be handed out at meetings if there is no canvass, or for other purposes. Do not order for a canvass until you are sure there will be one, but order soon enough to allow 2 or 3 weeks for delivery. County agents will order copies for neighborhood leaders to be used in the rural canvass through the Chairman of the Food Committee in the county seat. The text of the "Food Quiz" will be included in the "Tool Kit" which will be available to the Chairman of the Food Committee on order.

4. Slide film (film strip), "Food Fights for Freedom." Still pictures, silent, black-and-white. Accompanied by script. Dramatic visualization of basic food facts and actions to be taken by citizens. For use at meetings of all types where slides can be shown. Suitable for showing to canvassers at their training meetings. Mimeographed copy of the script will be included in the "Tool Kit."

5. "Tool Kit." Essential materials and aids for community activities. One kit will be supplied to each Food Committee Chairman when he places his order. "Tool Kit" will contain each of the following items:

- (1) Information Program booklet, "Food Fights for Freedom."
- (2) Description or replica of illustrated folder, "You Can Shorten the War with Food."
- (3) Copy for "Food Quiz."
- (4) Script of slide film, "Food Fights for Freedom."
- (5) Proofs and mats in 3 sizes of the emblem reproduced on the cover of this Guide.
- (6) Training guide to prepare canvassers for home visits.
- (7) Discussion guides.
- (8) Speech notes.
- (9) Newspaper aids: Ads for local sponsorship, spots for ads, skeleton releases, suggested news pegs, and other ideas.
- (10) Radio aids: Skeleton scripts and ideas for local stations.
- (11) Suggested pattern to aid in preparing a local guide to community food projects.
- (12) "Hunch sheet" containing suggestions for local exhibits, poster contests, and other activities.

6. Supplementary Publications. The leaflets listed below are already printed, but not in sufficient quantity for distribution to every home visited. Limited numbers will be available so that interviewers may give a copy to anyone interested in a particular subject. Food Committee Chairmen should place their orders for them by preference (numbering the first, second, third choices, etc.) Orders will be filled (to the extent that copies are available) on a pro rata basis.

NPC-4 National Wartime Nutrition Guide---Explains seven basic food groups in chart form with suggestions for selecting the right foods.

AWI-2 Vitamins from Farm to You---How to get the basic vitamins. Contains pin-up check list.

AWI-3 Fight Food Waste in the Home---Suggestions on how to make meals from leftovers, and how to keep food from spoiling.

AWI-16 Cheese in Your Meals---How to make main dishes from cheese, a valuable protein food that may be used as an alternate to meat. Twenty-three recipes.

AWI-147 Dried Peas and Beans in Wartime Meals---Another meat alternate. Contains recipes.

AWI-54 Green Vegetables in Wartime Meals---Vegetables, too, can become a main dish. Recipes given.

AWI-34 Fats in Wartime Meals---Fats are scarce. Recipes show how to make fats go further.

7. "It's Up to You." This food play uses live actors, motion picture film, and slides for scenery. It is easy to produce. The script employs spot-scenes, radio voices, film sequences, etc. Two versions are available -- one of 1½ hours in 6 scenes, the other a 40-minute tabloid consisting of a 15-minute film and 3 scenes. Script, film and slides -- for either the long or the short version -- will be supplied on order from: Marketing Reports Division, Food Distribution Administration, Washington 25, D. C.

How To Order

Address orders to:

Chief of Marketing Reports Division  
Regional Office, Food Distribution Administration

Number and Street      '      City      '      State

This is the address ----

If your community is in these states--

150 Broadway,  
New York 7, New York

Maine, New Hampshire, Vermont, New  
York, Pennsylvania, Massachusetts,  
Connecticut, Rhode Island, New  
Jersey, West Virginia, Maryland,  
Delaware, and District of Columbia.

5 South Wabash,  
Chicago 3, Illinois

Wisconsin, Michigan, Illinois,  
Indiana, and Ohio.

Western Union Building,  
Atlanta 3, Georgia

Kentucky, Virginia, Tennessee, North  
Carolina, South Carolina, Mississippi,  
Alabama, Georgia, and Florida.

700 Old Colony Building,  
Des Moines 7, Iowa

North Dakota, South Dakota, Nebraska,  
Kansas, Minnesota, Iowa, and Missouri.

1536 Welton Street,  
Denver 2, Colorado

Montana, Idaho, Wyoming, Utah,  
Colorado, and New Mexico.

821 Market Street,  
San Francisco 3, California

Washington, Oregon, California, Nevada,  
and Arizona.

425 Wilson Building,  
Dallas 1, Texas

Oklahoma, Texas, Arkansas, and  
Louisiana.

ORDER BLANK

Ship to: \_\_\_\_\_  
Name \_\_\_\_\_

\_\_\_\_\_ Address \_\_\_\_\_

\_\_\_\_\_ City \_\_\_\_\_, \_\_\_\_\_ State \_\_\_\_\_

Item \_\_\_\_\_ Number of Copies \_\_\_\_\_

1. Illustrated folder, "You Can Shorten the War with Food".....  
(Order enough for each canvasser.)
2. Quiz Sheet (Order enough for each home to be canvassed).....

Ask your Nutrition Committee before ordering items 3 - 9 and number these in order of your preference

3. NFC-4 National Wartime Nutrition Guide.....
4. AWI-2 Vitamins from Farm to You.....
5. AWI-3 Fight Food Waste in the Home.....
6. AWI-16 Cheese in Your Meals.....
7. AWI-47 Dried Peas and Beans in Wartime Meals.....
8. AWI-54 Green Vegetables in Wartime Meals.....
9. AWI-34 Fats in Wartime Meals.....

10. Slide film (film strip), "Food Fights for Freedom" (Be sure you can get a film strip projector before you order a print).
11. "Tool Kit" (You will automatically get one copy when you send in this order).

Check here if you want one copy  
: :  
: :

(Signed)

\_\_\_\_\_  
Chairman, Food Committee

\_\_\_\_\_  
City or County \_\_\_\_\_, \_\_\_\_\_ State \_\_\_\_\_

